

Return to Work

AUTHORIZATION FORM

Independent School District #700 has a light duty and transitional work program that provides temporary jobs that injured employees can safely perform during their recovery periods. Completion of this form will allow us to identify an appropriate assignment for this employee. Thank you for your cooperation and prompt response.

Date of Injury: _____ Date of Birth: _____

Employee: _____ Employer: Independent School District #700

Employer Contact Person: _____ Phone: _____

Diagnosis: _____

Work-Related

Non-Work-Related

Treatment: _____

Disposition

- Return to work date (no limitations for current job)
- Return to work date (with limitations for modified duty)
- Unable to work From _____ To _____
- Return to Clinic on _____

Prognosis: _____

Referral: _____

Doctor: _____

Physical therapy: _____

Next Scheduled visit is: _____

Clinic Name: _____

Physician Signature: _____

Date: _____

Please fill out form and send with employee so they may return to work.

RETURN TO WORK

AUTHORIZATION FORM (CONT.)

WORK RESTRICTIONS

Restrictions apply to: Work ___ Home ___ Leisure ___

During the applicable workday, this employee can:

Sit ___ hours Stand ___ hours Walk ___ hours

In terms of an applicable work day, "occasionally" equals 1-33%. "frequently" equals 34-66%, and "continuously" equals 67-100%.

EMPLOYEE CAN	Never	Occasionally	Frequently	Continuously
Lift and carry				
up to 10 pounds	_____	_____	_____	_____
11 - 25 pounds	_____	_____	_____	_____
26 - 35 pounds	_____	_____	_____	_____
36 - 50 pounds	_____	_____	_____	_____
51 - 75 pounds	_____	_____	_____	_____
76 - 100 pounds	_____	_____	_____	_____
Reach above shoulder level	_____	_____	_____	_____
Push / Pull	_____	_____	_____	_____
Climb	_____	_____	_____	_____
Crawl	_____	_____	_____	_____
Squat / Kneel	_____	_____	_____	_____
Bend / Stoop / Crouch	_____	_____	_____	_____
Balance	_____	_____	_____	_____
Twist upper body	_____	_____	_____	_____
Use hands dexterously	_____	_____	_____	_____
Physician's Comments				
